

Name:

Date:

Could You Survive the Depression?

The year is 1932 and you live in a beat-up old apartment in the city. You are married and have 3 children (ages 4, 7, 12). You lost your job and you can only budget \$2.50 of your income on food for the week. You must go to the nearest grocery store and use all of this money to buy food and necessities for your family. Try to get enough food so your family does not starve and does not suffer from malnutrition. Assume that you have access to water. Create a shopping list to track all of the groceries you will purchase and the cost of each item. Create a meal plan (recipes) for breakfast, lunch, and dinner for the week. Write down how many of the groceries you are using (for example: half a pound of chicken and two potatoes.) You cannot use more than you bought.

1932 Price List

Milk	\$0.10 per medium sized carton
Cheese	\$0.33 per kg (small stick)
Bread	\$0.06 per loaf
Rolled Oats	\$0.11 per kg (medium bag)
Flour	\$0.11 per kg (medium bag)
Rice	\$0.16 per kg (small bag)
Canned Tomatoes	\$0.06 per tin
Potatoes	\$0.02 per kg (approximately three potatoes)
Carrots	\$0.09 per kg (small bag)
Turnip	\$0.18 per turnip
Onions	\$0.09 per kg (approximately three onions)
Cabbage	\$0.25 per cabbage
Dried Beans	\$0.04 per package (medium bag)
Prunes	\$0.12 per package (medium bag)
Beef	\$0.29 per kg (approximately size of a baseball)
Liver	\$0.35 per kg (approximately size of a baseball)
Butter	\$0.57 per stick
Peanut Butter	\$0.35 per medium sized jar
Sugar	\$0.11 per kg (medium bag)
Cigarettes	\$0.13 per pack
Wieners	\$0.10 per dozen
Green Beans	\$0.05 per kg (two dozen beans)
Bacon	\$0.08 per pound (a dozen slices)
Crackers	\$0.09 per box
Razor Blades	\$0.15 per pack (three blades)
Soap	\$0.05 per bar
Waxed Paper	\$0.05 per roll
Coffee	\$0.17 per pound (medium bag)
Chicken	\$0.30 per kg (approximately size of a baseball)
Canned Salmon	\$0.10 per tin

Shopping List

Groceries	Cost

Meal Plan

Day	Breakfast	Lunch	Dinner
Monday			
Tuesday			
Wednesday			
Thursday			
Friday			
Saturday			
Sunday			